

Primary Benefits

- Promotes feelings of contentment, relief, and patience
- Counteracts negative emotions of anger and guilt

Ingredients

Spruce Leaf, Bergamot Peel, Juniper Berry Fruit, Myrrh Resin, Arborvitae Wood, Nootka Tree Wood, Thyme Leaf, Citronella Herb

Aromatic Description

Herbaceous, fresh, woody

The fresh, woody aroma of doTERRA Forgive Renewing Blend helps to counteract emotions of anger and guilt, while promoting the liberating feelings of contentment, relief, and patience.

Part Number: 31750001

Size: 5 mL

Wholesale: \$20.00

Retail: \$26.67

PV: 20





Description

Are you carrying a burden that grows heavier with time? Would you be better off just letting it go and facing a future unfettered by anger and guilt? When you are ready to move forward, doTERRA Forgive Renewing Blend of tree and herb essential oils will help you discover the liberating action of forgiving, forgetting, and moving on. Start each of your tomorrows relieved and contented with Forgive Renewing Blend. Features Spruce Leaf, Bergamot Peel, Juniper Berry Fruit, Myrrh Resin, Arborvitae Wood, Nootka Tree Wood, Thyme Leaf, Citronella

Herb.

Uses

- Diffuse when meditating to help release harboring feelings of anger and guilt.
- Apply to pulse points and heart throughout the day to feel grounded and content.
- Have doTERRA Forgive on hand throughout the day to counteract negative emotions that may arise from undesirable situations.

Directions for Use

Diffusion: Use one to two drops in the diffuser of your choice.

Topical use: Dilute one to two drops with doTERRA Fractionated Coconut Oil then apply to desired area.

Cautions

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.