

## Slim & Sassy® TrimShake—Vanilla

doTERRA Slim & Sassy Vanilla TrimShake is a tasty weight management shake mix. Trimshake is low-calorie and also provides essential nutrients.

Part Number: 35180001

Wholesale: \$39.50

Retail: \$52.67

PV: 25

## **Primary Benefits**

- Provides a convenient low-fat, low-sodium, low-calorie, sugarfree, lean alternative that is a good source of fiber for individuals trying to lose fat or maintain a lean body composition through calorie reduction and exercise
- Helps manage the release of the stress hormone cortisol, which is associated with the accumulation of fat, particularly around the stomach, hips, and thighs
- May help control stress-induced appetite, overeating, and carbohydrate cravings

## **Description**

doTERRA Slim & Sassy TrimShake is a convenient and delicious weight management shake mix that provides essential nutrients and only 70 calories per serving. Blended with water or nonfat dairy, almond, rice, or soy milk, TrimShake can be used as part of a weight-loss strategy of reducing daily caloric intake and burning fat stores through exercise. Slim & Sassy TrimShake includes the patented weight-loss ingredient EssentraTrim†, which research has shown to help manage cortisol—a stress hormone associated with fat storage in the abdomen, hips, and thighs. Slim & Sassy TrimShake also includes

 May help support blood sugar levels already in the normal range and enhance energy levels while helping to alleviate fatigue commonly associated with dieting and exercise Solathin‡, a special protein extract from natural food sources that supports an increased feeling of satiety. Available in natural chocolate and vanilla flavors, TrimShake blends well with water or milk and provides 8 grams of protein and 2.5 grams of fiber per serving.

† EssentraTrim<sup>®</sup> is a trademark of NutraGenesis LLC and is protected under U.S. Patent 6,713,092

‡Solathin® is a trademark of CYVEX Nutrition

## Uses

Blend one scoop of shake mix in ½ cup of water or nonfat dairy, almond, rice, or soy milk until smooth and creamy. Also blends well with fruits and vegetables. For unique flavor options, blend one drop of your favorite doTERRA essential oil in shake. Serve chilled.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.