



## 🌿 ClaryCalm® *Monthly Blend for Women*

As a proprietary blend designed to provide a soothing effect during a woman's menstrual cycle, ClaryCalm offers cooling effects for the skin and balance for emotions.

Part Number: 49480001

Size: 10 mL

Wholesale: \$24.50

Retail: \$32.67

PV: 24.50

### Primary Benefits

- Provides a soothing and calming effect during a woman's menstrual cycle
- Calming aroma helps soothe and balance heightened emotions.
- Helps balance mood throughout the month

### Ingredients

Clary Sage Flower, Lavender Flower, Bergamot Peel, Roman Chamomile Flower, Cedarwood Wood, Ylang Ylang Flower, Geranium Plant, Fennel Seed, Carrot Seed, Palmarosa Herb, and Vitex Leaf/Berry essential oils.

### Aromatic Description



### Description

ClaryCalm is a proprietary blend of essential oils that provides a soothing and calming effect during a woman's menstrual cycle. A topical blend of Clary Sage, Lavender, Bergamot, Roman Chamomile, Cedarwood, Ylang Ylang, Geranium, Fennel, Carrot Seed, Palmarosa, and Vitex, ClaryCalm provide a cooling effect to the skin and help balance emotions.

### Uses

- During your menstrual cycle, apply to abdomen to experience a soothing and calming massage.

Floral, herbal, coniferous

- During moments of heat, apply to the skin for a cooling, soothing effect.
- Diffuse for a calming aroma that helps soothe heightened emotions.

## Directions for Use

**Topical use:** Apply topically to the back of the neck, on temples, and bottoms of feet. Dilute with doTERRA Fractionated Coconut Oil to minimize any skin sensitivity.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.